



“Be kind to one another,
tenderhearted, forgiving
one another, as God in
Christ forgave you.”

Ephesians 4:32

If you have any questions,
please contact:

Janie Atwood
maryjaneatwood@gmail.com
314-566-8215
or
Jennifer Brown
brownie7506@yahoo.com
757-651-4621

Retreat Coordinators



427 West 37th Street
Norfolk, VA 23508
P.O. Box 9632
Norfolk, VA 23508

Phone: 757-226-8700
Fax: 757-226-8745
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Ninth Annual Women's Retreat

Giving Grace



Artwork by Angela Copeland

**Friday, February 21, 2020
to
Sunday, February 23, 2020**

**Chanco on the James
Spring Grove, VA**

Giving Grace

Often we are hard on ourselves, not accepting God's grace and forgiveness, which can make it difficult to extend grace to others.

It is often hard for us to extend grace, patience, and compassion to ourselves; we struggle to see ourselves as Christ sees us. We are imperfect sinners, yet God loves us completely. When we look to Christ in all of our brokenness, with humility, dependence, and gratitude, we can begin to experience this amazing love and grace. Once someone becomes a recipient of grace, it begins to flow out of her toward others.

What if we embraced God's gift of grace and allowed it to transform the way we love others and ourselves?

We invite you to join us as we spend time together, reflecting on how we give grace to ourselves, our families, and others.

Speakers:
Jill Branch
Diane Condron
Kim Johnson

Chanco on the James

394 Floods Dr.
Spring Grove, VA 23881
(757) 294.0727
chanco.org

Rates for the weekend:

- **Single Occupancy** **\$249**
- **Double Occupancy** **\$199**
- **Triple Occupancy** **\$167**

Price includes:

- **Weekend retreat program**
- **Friday and Saturday nights' stay at Chanco on the James**
- **Refreshments**
- **Friday dinner; Saturday breakfast, lunch, and dinner; Sunday breakfast and lunch.**

Check-in: 4:00-6:00 PM, Feb. 21st

Check-out: 1:00 PM, Feb. 23rd

REGISTRATION

Please fill out this form and return it to Janie Atwood
Christ the Redeemer Anglican Church
PO Box 9632
Norfolk, VA 23508,
with your \$60.00 deposit by 12.15.19. Make checks payable to Christ the Redeemer Anglican Church.

Name _____

Cell Phone _____

Email _____

Room Type: _____
Roommate(s) _____

If you would like us to prayerfully assign a roommate, please check here. _____

Personal prayer will be available. Please check here if you'd like personal prayer time. _____

Any food sensitivities? _____

Final payment due 2.2.20